

WANGANUI HARRIER CLUB

PATRON

KARLAINE BURNETTE

LIFE MEMBERS

Mrs B N SHINGLES, Mrs J VIPOND,
Mr P GREEN, Mr R MORRISON
Mr A L CARTER, Mr D R POINTON

EXECUTIVE COMMITTEE

PRESIDENT	ALLAN CARTER	027 246 5976
DEPUTY PRESIDENT	MARK KENNEDY	027 757 1888
CLUB CAPTAIN	PAUL DUXFIELD	021 164 5660
DEPUTY CLUB CAPTAIN	ROB CONDER	021 182 0626
SECRETARY	JANICE VIPOND	343 1269
TREASURER	DI MATTHEWS	027 270 9929
COMMITTEE	PAULA CONDER	027 578 4398
	GAI-MARIE SMART	344 5121
	MARGARET STRATFORD	027 22 77 957
	MIGNON STEVENSON	0274181847
JUNIOR REP	BEN CONDER	

All correspondence to:

The Secretary, Wanganui Harrier Club, PO Box 702, Wanganui.

CLUB COLOURS

CLUB COLOURS TO BE WORN AT ALL TROPHY EVENTS

Runners: Black Shorts with the Official Club singlet - blue, black & white panels with the wording "WANGANUI" down the front and across the back.
Walkers: Black Shorts and the Club white T Shirt with appropriate wording on the front or a Club Singlet. See Club Capt/Race Manager on the day re any dispensation for uniform.

REGISTRATION YEAR

1st April 2019 - 31st March 2020

Note All Subscriptions are due by the 28th April 2019.
Following this date everyone must be a Financial Member or pay \$10.00 per event.

TO BE ELIGIBLE FOR TROPHIES YOU MUST BE A FULL FINANCIAL MEMBER

REGISTRATION FORMS

ALL persons are required to fill in the Club Registration Forms. Ages are as at 31st December 2019 with the exception for Veteran Athletes which is Age on the Day of the Event.

ATHLETE DESIGNATION

All athletes must indicate at the start of the season as to which age group they intend to compete in.

Also all members "MUST" decide when joining the Club if they are going to be Runners or Walkers. Members can subsequently either run or walk in any event but to be eligible for trophies and/or championships they must have indicated at the start of the season their preference.

SUBSCRIPTION FEES FOR RUNNERS AND WALKERS

CATEGORY	CLUB FEES
SENIOR MEN, WOMEN & VET MEN & WOMEN	\$95.00
UNDER 20's, UNDER 18's,	\$80.00
UNDER 16's	\$65.00
UNDER 14's, UNDER 12's, UNDER 9's	\$45.00
ASSOCIATE	\$20.00
SOCIAL MEMBER (over 15 years)	\$60.00

There is a Family Concession Rate available. Please liase with Treasurer.

NOTICES

All Runs and Walks commence at 1.30pm unless otherwise stated. **WET or FINE.**

WALKERS : All Walkers must maintain one foot in contact with the ground at all times.

PLEASE WATCH : Club Newsletters, the Club Notice Board, Club Emails, Club Website and the *Wanganui Chronicle* for information.

Members are expected to bring a plate most Saturdays whether it is a trophy day or a club day.

WE ASK THAT NO DOGS BE BROUGHT TO CROSS COUNTRY EVENTS

WE ALSO ASK THAT NO LISTENING DEVICES BE WORN DURING EVENTS

POINTS TROPHIES

For a member to be eligible for Trophies, you must be "Financial" and wearing the Official Club Uniform.

To be eligible for points trophies you must have competed in 8 of the 12 qualifying events. Points are accumulated on handicap results i.e. 1 point for finishing 1st etc. Your best 8 results determine your overall final points tally with the lowest points total determined as the winner i.e. the perfect result would be 8 wins and 8 points.

Best Club Member: C R White Trophy

Senior Men	Excelsior Cup	Senior Women	H I Jones Cup
M20	Alastair Rose Cup	W20,18	Mason Cup
B18	Edna Harrison Rosebowl	G16	Silk Cup
B16	Quin Shield	G14	Cunliffe Shield
B14	Scott Family Trophy	U12	Nimmo Cup
U9	Hopper Family Trophy	Walkers - Men	Martin Family Trophy
Veteran Men	O'Donnell Cup	Walkers - Women	Schrader Tray
Veteran Women			Life Members Trophy
Most Improved U20			Ross Trophy
Most Improved Senior Man			Cliff Cox Memorial
Most Improved Senior Woman			Perry Trophy
Most Improved Walker - Woman			Foster Trophy
Most Improved Walker - Man			Martin Trophy
For Outstanding Competitive Performance			Club Captains Cup
Peirse Family Trophy			

CLUB CHAMPIONSHIPS - 2019


Club Championship Trophies members MUST have attended at least three events prior to the Championship to be eligible to compete in the race.

TRAVEL COSTS

When travelling by private vehicle to out of town events we ask that you do not embarrass the driver by not offering to pay towards fuel costs before leaving on the journey. We suggest a rate of \$20.00 per adult passenger to Hawera, Feilding, Marton, Palmerston North & surrounding areas and by negotiation for other destinations. Payment seven days before event.

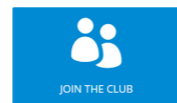
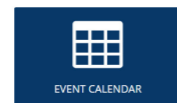
PLEASE WATCH CLUB WEBSITE:

www.wanganuiharrierclub.co.nz

 Wanganui Harrier Club



HAVE FUN - GET FIT - GO FASTER



WANGANUI HARRIER CLUB 2019

~ Have Fun ~ Get Fit ~ Go Faster ~

Walkers and Runners catered for.

Activities and Events to suit all abilities.

Age is no barrier - whether you're 4 or 84.

Be part of a healthy, feel-good sport.

Club Opening Day, Saturday 30th March 2019



Wanganui Harrier Club acknowledges the support of

PAK'nSAVE

eastown
TIMBER & FENCING

Community Post 

LOADERS
CIVIL CONSTRUCTION

Crystal Valley

H&A
- PRINT -

Interested???

Then why not find out more from the following people.

We would love to hear from you.

Paul Duxfield - Club Captain. triggerpoint5@hotmail.com 021 164 5660

Allan Carter - President. Ph 342 1727 Website: www.wanganuiharrierclub.co.nz

Rob Conder - Coaching. 021 182 0626

WANGANUI HARRIER CLUB SYLLABUS 2019

Sat 30th March Opening Day
Clubrooms, Parsons St. Pack Runs & Junior Relays 1.30pm

Sun 31st March Brine to Wine - Surf Club Pavillion, Castlecliff
8.00am Walkers, 9.00am Runners

Sat 6th April Farm Run - Longacre Rd, Mt Zion

Sat 13th April Anzac Day Relay Trial - Clubrooms, Parsons St.
NZ Mountain Running Champs, Wellington

Wed 20th April Easter Break

Thur 25th April Anzac Day Relays - Scoutlands Campsite, Kaitoke Road
Afternoon tea – Scoutlands – *Members a plate*

12.30pm	Childrens Race	
12.30pm	Walkers 2 Person Teams Relay	
12.45pm	Open Scratch Race	
1.15pm	Womens Relay –	Bill Wells Trophy
2.00pm	Mens Relays	Keith Wells Trophy

Sat 27 April Vaoga Cup – Cross Country at Skiltons Property,
off Seafield Road 1.30pm. Sealed Handicap.
Afternoon tea at Clubrooms

SM, VM, M20	6k	Vaoga Cup
SW, VW, W20, W18	4k	Geelorup Trophy
M18, 16	4k	McCarquin Cup
W16, 14	3k	Chilcott Trophy
B14	3k	Pointon Cup
U12	2k	Black Shield
U9	1k	McBeth Miniature Trophy
Walkers	4k	WHC Trophy – Men & Women

Points Day

Sat 4th May Club Run - Beach, 1.30pm
Rotorua Marathon

Sun 5th May 100K Champs, Christchurch

Sat 11th May Bramwell Teams XC Races
Caves property at Seafield Road. Registration 1.00pm

SM, VM, M20, 18	8k	Bramwell Trophy – team Bramwell Angel – Fastest Male.
SW, VW, W20, 18	6k	Sexton Cup – team Stephenson Trophy- Fastest Woman
M16, 14 & W16, 14	3k	Watson Trophy
U12	2k	Gedye Trophy
U9	1k	Bramwell Minature Trophy
Walkers	3k/6k	Hoskyn Family Shield Afternoon tea & presentation at Clubrooms

Points Day

Sat 18th May Johnston Memorial at Bruce Bristol’s Farm,
Tayforth Rd, Wanganui, 1.30pm
Open Handicap

SM, VM, M20	8k	Johnston Memorial
SW, VW, W20, W18	6k	Womens Challenge Shield
M18	6k	Stoneman Cup
B16, 14	4k	Cheatley Shield
G16, 14	3k	Shingles Cup

U12	2k	Bayler Cup
U9	1k	McBeth Trophy
Walkers – Mens	3k/6k	Carter Family Trophy
Walkers – Womens	3k/6k	Carter Family Trophy Afternoon tea & presentation at Clubrooms

Points Day

Sat 25th May Run & Bike - Clubrooms, 1.30pm

Sat 1st June Hughes Memorial XC club visit to Hawera

Sat 8th June Dorne Cup trip to Wellington incl Carr Shield
v Hutt Valley Harriers
Alternate Club trip - TBA

Sat 15th June Italian Pursuit + Grand Stand Stair Run - Clubrooms
NZ Secondary School Cross Country Champs, Timaru

Sat 22nd June Club Cross Country Champs - at Bason Reserve, 1.30pm

SM	10k	Couch Cup
SW	8k	Kemp Rosebowl
VM	10k	Hopper Cup
VW	5k	Francis Wilson Trophy
M20	8k	Carde Cup
M18	6k	Greig Cup
W20,18	4k	WHC Trophy
B16	4k	Deerness Trophy
B14	3k	Robinson Trophy
G16	3k	Walton Cup
G14	3k	Harrison Cup
U12	2k	Kemp Trophy
U9	1k	Hopper Medallions
Walkers	4k/8k	Green Trophies

Points Day

Mid-year Dinner & Prizegiving - details to be announced

Sat 29th June Virginia Lake Relays - afternoon tea at Clubrooms

Sat 6th July North Island XC Champs – Taupo
Running (club walk from clubrooms)

Sat 13th July Centre XC Champs – Palmerston North
Start Times and location TBA closer to the event

Sat 20th July Hopper Bros Shield Round the Bridges Relay
below Cobham Bridge area, 1.00pm

Open Run Teams	Hopper Bros Shield
B14, G14, B12, G12 & U9	Hopper/Sandlant Trophy
Walkers 3 Person Teams	Pointon Shield
Fastest Lap	Seymour Hopper Shield

Afternoon tea and presentations at Clubrooms

Sat 27th July Halcombe Road Relays - Feilding (club trip)
Start Times TBA closer to the event

Sat 3rd August Bushy Park Run & BBQ

Sun 4th August NZ Cross Country Champs, Wellington

Sat 10th August Club Road Championships from Wanganui East Club,
1.00pm Walkers, 1.30pm Runners

Male Walkers	5k/10k	Webby Family Shield
Female Walkers	5k/10k	Webby Family Cup
All Walkers		Baden Powell Trophy – 1st Handicap
U9	1k	Hopper Medallions
U12	3k	Coughlan Trophy
B14	3k	Topless Family Trophy
G14	3k	WHC Cup
G16	4k	Mahoney Trophy
M20	8k	Farley Cup
M18	8k	David Edwards Cup
W20, 18	5k	O’Donnell Trophy
B16	5k	Breuer & Battersby Trophy
VW	5k	Benjamin Trophy
SM	10k	Bon Ton Cup Cox Cup – 1st Handicap
SW	10k	Breuer & Battersby Cup
VM	10k	Davis Shield Afternoon tea at Clubrooms

Points Day

Sat 17th August Centre Road Champs, Palmerston North
Start times and location TBA closer to the event
Points Day

Sat 24th August 1 Mile Road Races at Gordons Bush, Kaimatira Road

Ward Family Trophy	Fastest Male
Smart McBeth Trophy	Fastest Woman
Martin Mens Trophy	Male Walkers
Martin Womens Trophy	Female Walkers

Afternoon tea and presentations at Clubrooms

Sat 31st August Whitlaw Cup from the Multisport Clubrooms, 1.30pm
Open Handicap

SM, VM	12k	Whitlaw Cup
SW, VW	8k	O’Connell Trophy
M20, 18	8k	Hoskyn Trophy
W20, 18	5k	WHC Trophy
G16, 14	4k	Langmead Chalice
B16, 14	4k	Bagley Cup
U12	2k	Nimmo Cup
U9	1k	Duncan McKenzie Trophy
Male Walkers	4k/8k	Alastair McKenzie Trophy
Female Walk	4k/8k	Robyn McKenzie Trophy

Afternoon Tea and presentations at Clubrooms
Points Day

Sat 1st September NZ Half Marathon Champs, Dunedin

Sat 7th September Marton To Wanganui Relays & Individual Events

Men’s Competitive	W L Young Rosebowl
Women’s Competitive	Sears/Joyce Cup
U20 Trophy	

Presentations at Wanganui East Club

Sat 14th September Ross Greaves Trophy - Start St Anne’s School, Raine St.
Bastia Hill
Start Time Walkers 1.00pm. Runners 1.30pm.
Sealed Handicap

SM,VM, M20, M18	10k	Ross Greaves Trophy
SW, VW	10k	Gary Wolland Memorial Trophy
B16, B14, W20, W18		
G16, G14	4k	Robyn Martin Cup
U12	2k	Martin Trophy
U9	1k	Martin Miniature
Women’s Walkers	5k/10k	Bevan & Ileen Chilcott Trophy
Men’s Walkers	5k/10k	Barry Ross Memorial Trophy Afternoon tea and presentations at Clubrooms

Points Day

Sat 15th September NZ Road Race Championships, Auckland

Sat 21st September Ken Thomas Challenge - 12k Open Handicap Road
Start at Clubrooms, 1.30pm
Points Day

Sat 28th September Harrison Shield –
below Cobham Bridge area
Open Handicap
Old Timers Day
Walkers start at 1pm, everyone else 1:30pm

SM,VM, SW	12k	Harrison Shield
SM, VM	12k	O’Donnell Trophy
SW	12k	O’Donnell Cup – 1st over 50 year old athlete to finish provided they have not won the Harrison Shield.
VM50	12k	Harrison Family Trophy

VW	5k	Harrison Family Trophy
M&W Walk	12k	Wanganui Vet Services Trophies
M20, 18 & W20, 18	5k	Horsley Trophy & Bernie Hutchins Trophy for fastest time
B16, 14	4k	Weller Cup
G16, 14	4k	O’Donnell Cup
U12	3k	Walker Cup
U9	1k	Old Timers Trophy Afternoon tea & presentations at Clubrooms

Points Day

Sat 5th October Team Meeting at Clubrooms plus Pizza, 4.00pm

Sun 6th October NZ Road Relays, Feilding

Sat 12th October NZ Trail Running Championships, Christchurch
Gavin Collins Memorial Half Marathon,
10k & 5k from Multisport Clubrooms,
Anzac Pde, Wanganui
8.00 am Walkers. 9.00am Runners

Male Runners	5k	Gavin Collins Memorial Cup
Female Runners		Wanganui Veterinary Services Cup
Walkers		Don Collins Memorial Cup (Handicap)
W18, G16, M18, B16	5k	
U12	2k	– Riverside Walkway
U9	1k	– Riverside Walkway

Points Day
2018 Club Prizegiving and Pot Luck Dinner at venue TBA
6.30pm BYO

Sat 14th December PAK’nSAVE 3 Bridges Marathon,
Half Marathon, 10k & 5k
1st WHC member to Finish
O’Donnell Memorial
Full details advised closer to day

CIRCUMSTANCES MAY ARISE FORCING US TO CHANGE THE DATE AND/OR THE START TIME AND/OR THE VENUE OF SOME EVENTS.
WE ARE RELUCTANT TO MAKE CHANGES TO THE SYLLABUS BUT
ANY CHANGES WILL BE NOTIFIED AS EARLY AS POSSIBLE TO THE AFFECTED CLUB MEMBERS.