WANGANUI HARRIER CLUB

PATRON

KARLAINE BURNETTE

LIFE MEMBERS

Mrs B N SHINGLES. Mrs J VIPOND. Mr P GREEN Mr R MORRISON, Mr A L CARTER, Mr D R POINTON Mr R CONDER, Mr P DUXFIELD, Mrs D MATTHEWS Mr P MONRAD, Mr B CHARNOCK

EXECUTIVE COMMITTEE

PRESIDENT DEPUTY PRESIDENT CLUB CAPTAIN DEPUTY CLUB CAPTAIN SECRETARY TREASURER COMMITTEE

PAULA CONDER 027 578 4398 MARK KENNEDY 027 757 1888 ROB CONDER 021 182 0626 **BRENDAN GIBBS** 021 214 9160 JANICE VIPOND 06 343 1269 **DI MATTHEWS** 027 270 9929 GAI MARIE SMART MCGREGOR FAMILY

All correspondence to: The Secretary PO Box 702, Whanganui Wanganui Harrier Club or email: wanganuiharrierclub@gmail.com

CLUB COLOURS CLUB COLOURS TO BE WORN AT ALL TROPHY EVENTS

Black Shorts with the Official Club singlet - blue, black & white panels with the wording "WANGANUI "down the front and across the back or the Club white T Shirt with appropriate wording on the front.

REGISTRATION YEAR

1st April 2024 - 31st March 2025 TO BE ELIGIBLE FOR TROPHIES YOU MUST BE A FULL FINANCIAL MEMBER

REGISTRATION FORMS

ALL persons are required to fill in the Club Registration Forms. Ages are as at 31st December 2024 with the exception for Veteran Athletes which is Age on the Day of the Event. Registration forms are available at the WHC clubrooms or can be completed online at www.wanganuiharrierclub.co.nz

ATHLETE DESIGNATION

All athletes must indicate at the start of the season as to which age group they intend to compete in.

Also all members "MUST" decide when joining the Club if they are going to be Runners or Walkers. Members can subsequently either run or walk in any event but to be eligible for trophies and/or championships they must have indicated at the start of the season their preference.

SUBSCRIPTION FEES FOR RUNNERS AND WALKERS

CATEGORY	CLUB FEES
SENIOR MEN, WOMEN & VET MEN & WOMEN	\$25.00
UNDER 20's,UNDER 18's,	\$10.00
UNDER 16's	\$10.00
UNDER 14's, UNDER 12's, UNDER 9's	\$10.00
ASSOCIATE	DONATION
VOLUNTEER	Free

NOTICES

All Runs and Walks commence at **1.30pm** unless otherwise stated. WET or FINE. WALKERS : All Walkers must maintain one foot in contact with the ground at all times

PLEASE WATCH : Club Notice Board, Club Emails, Facebook and the Website for information.

Members are asked to bring a plate most Saturdays whether it is a trophy day or a club day.

WE ASK THAT NO DOGS BE BROUGHT TO CROSS COUNTRY EVENTS WE ALSO ASK THAT NO LISTENING DEVICES BE WORN DURING EVENTS

POINTS TROPHIES

For a member to be eligible for Trophies, you must be "Financial" and wearing the Official Club Uniform.

To be eligible for points trophies you must have competed in 6 of the 9 qualifying events. Points are accumulated on handicap results i.e. 1 point for finishing 1st etc. Your best 6 results determine your overall final points tally with the lowest points total determined as the winner i.e. the perfect result would be 6 wins and 6 points.

Best Club Member: C R White Trophy

Senior Men	Excelsior Cup	Senior Women	H I Jones Cup
M20	Alastair Rose Cup	W20,18	Mason Cup
B18 I	Edna Harrison Rosebowl	G16	Silk Cup
B16	Quin Shield	G14	Cunliffe Shield
B14	Scott Family Trophy	U12	Nimmo Cup
U9	Hopper Family Trophy	Walkers - Men	Martin Family Trophy
Veteran Mer	n O'Donnell Cup	Walkers - Wome	en Schrader Tray
Veteran Wor	men	L	ife Members Trophy
Most Improv	ved U20		Ross Trophy
Most Improv	ved Senior Man		Cliff Cox Memorial
Most Improv	ved Senior Woman		Perry Trophy
Most Improv	ved Walker - Woman		Foster Trophy
Most Improv	ved Walker - Man		Martin Trophy
	ding Competitive Performation	nce	Club Captains Cup
Peirse Fami	ly Trophy		

CLUB CHAMPIONSHIPS - 2024

Club Championship Trophies members MUST have attended at least three events prior to the Championship to be eligible to compete in the race.

TRAVEL COSTS

When travelling by private vehicle to out of town events we ask that you do not embarrass the driver by not offering to pay towards fuel costs before leaving on the journey. We suggest a rate of \$20.00 per adult passenger to Hawera, Feilding, Marton, Palmerston North & surrounding areas and by negotiation for other destinations. Payment seven days before event.

PLEASE WATCH CLUB WEBSITE:

www.wanganuiharrierclub.co.nz



Wanganui Harrier Club





~ Have Fun ~ Get Fit ~ Go Faster ~ Walkers and Runners catered for. Activities and Events to suit <u>all</u> abilities. Age is no barrier - whether you're 4 or 84. Be part of a healthy, feel-good sport.



Wanganui Harrier Club acknowledges the support of



WANGANUI HARRIER CLUB 2024









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WANGANUI HARRIER CLUB SYLLABUS 2024

SW, VW, W20, 18	4k	Geelorup Trophy
SW, VW, W20, 18	4k	
SM, VM, M20	6k	Vaoga Cup
	0	•
Sat 11 May	0	Cup – Lundon Park,
Sat 11 May	0	•
Sat 11 May	0	•
Sat 11 Way	0	•
~~~ II 17201J	0	•
2	0	•
	Castle	cliff 1.30pm. Sealed Handicap
	Castle	cliff 1.30pm. Sealed Handicap
SM, VM, M20	6k	Vaoga Cup
SW, VW, W20, 18	4k	Geelorup Trophy
SW, VW, W20, 18	4k	Geelorup Trophy
M18, 16	4k	McCarquin Cup
<i>.</i>		
W16, 14	3k	Chilcott Trophy
B14	3k	Pointon Cup
		•
U12	2k	Black Shield
U9	1k	McBeth Miniature Trophy
Walkers	4k	WHC Trophies – Men & Women
walkers	Afterr	noon tea & presentation at Castlecliff School
walkers		_
warkers	Points	s Day
waikers		
waikers		
Sat 18 May	Wood	ruffes XC (hosted by Feilding Moa) – Awahuri
	Wood	<b>ruffes XC</b> (hosted by Feilding Moa) – Awahuri
Sat 18 May		
		<pre>Iruffes XC (hosted by Feilding Moa) – Awahuri</pre>
Sat 18 May	Johns	ton Memorial – Bristols Farm,
Sat 18 May Sat 25 May	<b>Johns</b> Taylor	<b>ton Memorial</b> – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap
Sat 18 May Sat 25 May	Johns	ton Memorial – Bristols Farm,
Sat 18 May Sat 25 May SM, VM, M20	<b>Johns</b> Taylor 8k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial
Sat 18 May Sat 25 May SM, VM, M20	<b>Johns</b> Taylor	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18	<b>Johns</b> Taylor 8k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18	Johns Taylor 8k 6k 6k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18	Johns Taylor 8k 6k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14	Johns Taylor 8k 6k 6k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14	Johns Taylor 8k 6k 6k 4k 3k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield Shingles Cup
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14 U12	Johns Taylor 8k 6k 6k 4k 3k 2k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield Shingles Cup Bayler Cup
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14	Johns Taylor 8k 6k 6k 4k 3k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield Shingles Cup
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14 U12	Johns Taylor 8k 6k 6k 4k 3k 2k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield Shingles Cup Bayler Cup McBeth Trophy
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14 U12 U9	Johns Taylor 8k 6k 6k 4k 3k 2k 1k 6k	<ul> <li>Arton Memorial – Bristols Farm,</li> <li>r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial</li> <li>Women's Challenge Shield</li> <li>Stoneman Cup</li> <li>Cheatley Shield</li> <li>Shingles Cup</li> <li>Bayler Cup</li> <li>McBeth Trophy</li> <li>Carter Family Trophies – Men &amp; Women</li> </ul>
Sat 18 May Sat 25 May SM, VM, M20 SW, VW, W20, 18 M18 B16, 14 G16, 14 U12 U9	Johns Taylor 8k 6k 6k 4k 3k 2k 1k 6k	ton Memorial – Bristols Farm, r Rd (off Tayforth Rd) 1.30pm. Open Handicap Johnston Memorial Women's Challenge Shield Stoneman Cup Cheatley Shield Shingles Cup Bayler Cup McBeth Trophy

Hughes Memorial XC club trip to Hawera

Sat 1 June

Sat 8 June	Park Run 8:00am Dorne Cup - Upper Hutt (Carr Shield v HVH)	
Sat 15 June	Run & Bike – Clubrooms	
	Victoria Park, Parsons Street 1:30pm	
	Pizza night (BYO drinks), 5.30pm, Clubrooms	
Sat 15-16 June	NZSSXC – Christchurch	
Sat 22 June	Bramwell Teams Race – Virginia Lake	
	Registration at 1:00pm	
SM, VM, M20, 18	4k Bramwell Trophy – team	
	Bramwell Angel – Fastest Male.	
SW, VW, W20, 18	4k Sexton Cup – team	
N116 14 0 W116 14	Stephenson Trophy- Fastest Woman	
M16, 14 & W16, 14	1 5	
U12	2k Gedye Trophy	
U9 Walkers	1k         Bramwell Minature Trophy           4k         Hoskyn Family Shield	
walkers	4k Hoskyn Family Shield Afternoon tea & presentation at Clubrooms	
	Points Day	
Fri 28 June	Anderson Rally XC – Dannevirke	
	Club Trip	
Sat 29 June	Park Run 8:00am	
Sat 6 July	North Island XC Champs – Taupo Club Trip	
Sat 13 July	Turkey Trot Night Run (hosted by Feilding Moa)	
sut to outy	<ul> <li>Timona Park, Feilding</li> </ul>	
Set 20 July	Club & AMW Contro Cross Country Champa	
Sat 20 July	Club & AMW Centre Cross Country Champs – Lundon Park, Castlecliff 1.30pm	
SM	10k Couch Cup	
SW	8k Kemp Rosebowl	
VM	8k Hopper Cup	
VW	5k Francis Wilson Trophy	
M20	8k Carde Cup	
M18	6k Greig Cup	
W20	6k WHC Trophy	
W18	4k WHC Trophy	
B16	4k Deerness Trophy	
B14	3k Robinson Trophy	
G16	3k Walton Cup	
G14	3k Harrison Cup	
U12	2k Kemp Trophy	
U9	1k Hopper Medallions	
Walkers	4k/8k Green Trophies	
	Afternoon tea & presentations at Castlecliff School	
	Points Day	
Sat 27 July	<b>Halcombe Road Relays</b> – Halcombe Club Trip	
Sat 3 August	NZXC Champs - Napier	
Sun 4 August	NZXC Champs Mixed Team Relays – Napier Clup Trip	

Sat 10 August	1 Mile Road Races – Gordons Bush			Sat 21 September	Hopper Bros Shield Round the Bridges Relay		
		tira Road, 1.30pm	Enderst Male	0 <b>D T</b>		hai Park, Registration at 1:00pm	
		Family Trophy	Fastest Male	Open Run Teams		er Bros Shield	
		McBeth Trophy	Fastest Female	B14, 12, G14, 12, U9			
		Mens Trophy	Male Walkers	Walkers 3 Per Team	Point	on Shield	
		Womens Trophy	Female Walkers	Fastest Lap	-	our Hopper Shield	
	Aftern Points	oon tea & presentatio Day	n at Clubrooms		After	noon tea & presentations at Clubrooms	
Sat 17 August	Harrison Shield/Old Timers' Day – 282 Taupo Quay,			- Sat 28 September	mber NZ Road Relay Champs – Taupo Club Trip		
		iver from Cobham Br	dge, 1:30pm				
	Open I	Handicap		Sat 5 October	Gavi	n Collins Memorial Half Marathon +	
SM, VM	12k	Harrison Shield			Whit	law Cup – Motor Boat Clubrooms	
SW	12k	O'Donnell Trophy			Anza	c Parade, Sealed Handicap	
VW	5k	Harrison Family Tr	ophy		Walke	ers 8am, Runners 9.00am	
VM50	12k	O'Donnell Cup – 1	t 50+ to finish provided	Male Runners	21k	Gavin Collins Memorial Cup	
		they haven't won th	e Harrison Shield.		or		
VW	5k	Harrison Family Tr	ophy	SM, VM	10k	Whitlaw Cup	
M&W Walk	12k	Wanganui Vet Servi	ces Trophies	,	- •11	r	
M20, 18 & W20, 18	5k	Horsley Trophy & I	Bernie Hutchins Trophy	Female Runners	21k	Wanganui Veterinary Services Cup	
		for fastest time		Female Kulliels		wanganur vetermary services Cup	
B16, 14	4k	Weller Cup		SW VW	or 81	O'Connell Trophy	
G16, 14	4k	O'Donnell Cup		SW, VW	8k	O'Connell Trophy	
U12	2k	Walker Cup		337.11	0.11		
U9	1k	Old Timers Trophy		Walkers	21k	Don Collins Memorial Cup (Handicap)	
		oon tea & presentatio	at Clubrooms		or		
	Points	-	0100100110	Male Walk	8k	Alastair McKenzie Trophy	
	1 01113	2- uy		Female Walk	8k	Robyn McKenzie Trophy	
Sat 24 August	Club I	Road Champs - Arar	noho Cemetery, 1.30pm				
SM	10k	Bon Ton Cup	iono Cemetery, 1.50pm	M20, 18	8k	Hoskyn Trophy	
5101	IUK	-	licon	W20, 18	5k	WHC Trophy	
CW	1.01-	Cox Cup – 1st Hand	-	G16, 14	4k	Langmead Chalice	
SW	10k	Breuer & Battersby	Cup	B16, 14	4k	Bagley Cup	
VM	10k	Davis Shield		U12	2k	Nimmo Cup	
VW	5k	Benjamin Trophy		U9	1k	Duncan McKenzie Trophy	
Male Walkers	5/10k	Webby Family Shie	ld		Club	Prizegiving and Pot Luck Dinner	
Female Walkers	5/10k	Webby Family Cup				e TBA, 6.00pm	
All Walkers	10k	Baden Powell Trop	iy – 1st Handicap			is Day	
M20	8k	Farley Cup					
M18	8k	David Edwards Cup	)	Sat 26 October	NZ 10	<b>0KM Road Champs</b> – Timaru	
W20, 18	5k	O'Donnell Trophy			112 1	initia Road Champs Timard	
B16	5k	Breuer & Battersby	Trophy	Sun 1 December	DAK	<b>Physical Security of Security 2019 Provide the Security 2019 Constant of Security</b>	
G16	4k	Mahoney Trophy		Suil I December			
B14	3k	Topless Family Tro	phy			Marathon, Quarter Marathon, 5k and Kids 1.2k	
G14	3k	WHC Cup				club fundraiser - all members encouraged to	
U12	3k	Coughlan Trophy			volun		
U9	1k	Hopper Medallions			Sign 1	up at www.whanganuithreebridges.co.nz	
	Aftern	oon tea & presentatio	n at Clubrooms				
	Points	Day					
Sun 31 August	AMW Centre Road Champs Manfield Race Park, Feilding		-				
Sat 7 September		un (hosted by Feildin	-	-			
Sat 25 May	Ken T	homas Challenge – S	ilver Ball	- CIRC	UMST	FANCES MAY ARISE FORCING US	
·		a Quay, 1.30pm. Ope				THE <u>DATE</u> AND/OR THE <u>START TIME</u>	
SM, SW, M20, 18	10k	Runner's Trophy	-				
W20, 18	10k				JUK	THE <u>VENUE</u> OF SOME EVENTS.	
B16, 14 G16, 14	5k						
U12	2k			WE A	RE F	RELUCTANT TO MAKE CHANGES	
U9	1k			ТО ТН	E SYI	LLABUS BUT ANY CHANGES WILL	
Walkers	8k/4k	Walker's Trophy		BE NOT	FIFIF	D AS EARLY AS POSSIBLE TO THE	
, anois		oon tea & presentatio	at Clubrooms			FECTED CLUB MEMBERS.	
		-			AF	FECTED CEUD MEMBERS,	
	Points	Day					